



The Meeting

BAR & RESTAURANT

Lunch Menu

Mon - Fri (12pm - 3pm)

From £ 6.95

(Eat in only / Except Bank Holiday)


The Meeting Bar & Restaurant
253 Southbury Road Enfield London EN11RG


THAI FOOD



...Starters...

- 1. Popia Tod** £ 5.95
Spring rolls Thai style with carrot, cabbage and transparent noodles served with sweet chilli sauce
- 2. Kanom Jeeb** £ 5.95
Thai style steamed dumplings with minced pork and water chestnut topped with garlic
- 3. Satah Kai *N*** £ 5.95
Skewers of tender marinated chicken served with cucumber and peanut sauce
- 4. Kanom Pung Namoo** £ 5.95
Savoury minced pork and prawn on toast, deep fried served with sweet chilli sauce
- 5. Thai Fish Cake *N*** £ 6.95
Ground fish mixed with spices and red curry paste, deep fried and served with sweet chilli sauce
- 6. Kung Pao ** £ 6.95
Grilled prawns served with spicy chilli sauce

 Slightly Spicy

 Medium Spicy

 Very Spicy

N Contain Nuts

Service charge 10% to be added



7. Peek Kai Tod £ 5.95
Chicken wings deep fried served with sweet chilli sauce
8. Tempura Kung £ 6.95
Prawns deep fried in tempura batter served with sweet chilli sauce
9. Kung Hom Pha £ 6.95
Deep fried marinated prawns wrapped in rice paper served with sweet chilli sauce
10. Prawn Crackers £ 2.95
Deep fried prawn crackers served with sweet chilli sauce
11. Hoy Malang Poo 🌶️ £ 6.95
Steamed mussels with lemon grass and basil leaves served with spicy chilli sauce
12. Calamarías £ 6.95
Deep fried squid served with sweet chilli sauce
13. The Meeting Platter £ 7.00
Popia tod, Satah kai, Kanom pung namoo,
Thai fish cake, Tempura kung
(Price per person, minimum order for 2 people)

🌶️ Slightly Spicy

🌶️🌶️ Medium Spicy

🌶️🌶️🌶️ Very Spicy

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...SOUPS...

14. Tom Yum Kung 🌶️🌶️ £ 6.95
Spicy prawns soup flavoured with lemon grass, lemon juice, chilli and mushroom
15. Tom Yum Kai 🌶️🌶️ £ 5.95
A hot soup with chicken, lemon grass, lemon juice, chilli and mushroom
16. Tom Yum Talay 🌶️🌶️ £ 7.25
Seafood in a spicy broth flavoured with lemon grass, lemon juice, chilli and mushroom
17. Tom Kha Kung 🌶️ £ 6.95
A creamy spicy soup contains prawns, coconut milk, galangale root, herb, lemon grass, lemon juice, chilli and mushroom
18. Tom Kha Kai 🌶️ £ 5.95
A creamy spicy soup contains slices of chicken, coconut milk, galangale root, herb, lemon grass, lemon juice, chilli and mushroom

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...Salads...

Starter or Main Course

Thai salad is a traditional method of Thai cooking,
Producing a spicy salad using fish sauce,
Lemon juice and fresh chilli

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| 19. Yum Neur 🌶️🌶️🌶️
With small slices of beef | £9.50 |
| 20. Yum Pla Muek 🌶️🌶️🌶️
With squid | £9.50 |
| 21. Yum Woon Sen 🌶️🌶️🌶️
With Transparent noodles, chicken and prawns | £9.50 |
| 22. Yum Talay 🌶️🌶️🌶️
With mixed seafood | £14.95 |
| 23. Plar Kung 🌶️🌶️🌶️
Spicy prawns salad with lemon grass, onion, chilli oil and lime juice | £9.50 |

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...Lunch Menu...

(Served With Rice)

...Curries...

Kang Dang

Red curry mixture of red chilli, lemon grass, lime leaves, bamboo shoots, spices and herbs cooked in coconut milk

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| 24. Chicken Red Curry | | £ 6.95 |
| 25. Pork Red Curry | | £ 6.95 |
| 26. Beef Red Curry | | £ 6.95 |

Kang Keaw Wan

Green curry mixture of red chilli, lemon grass, lime leaves, bamboo shoots, spices and herbs cooked in coconut milk

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| 27. Chicken Green Curry | | £ 6.95 |
| 28. Pork Green Curry | | £ 6.95 |
| 29. Beef Green Curry | | £ 6.95 |
| 30. Prawns Green Curry | | £ 7.95 |

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Panang

A dry aromatic curry sauce with less coconut milk and therefore slightly drier

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| 31. Chicken Panang | | £ 6.95 |
| 32. Pork Panang | | £ 6.95 |
| 33. Beef Panang | | £ 6.95 |
| 34. Prawns Panang | | £ 7.95 |

Kang Kua Kung

Thai cooking with coconut milk, sliced pineapple in a red curry

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| 35. Kang Kua Kung Supparod with prawns | | £ 7.95 |
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Kang Kra Ree

Thai cooking with coconut milk, onion, potatoes in a yellow curry

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| 36. Kang Kra Ree Kai with chicken | | £ 6.95 |
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Slightly Spicy

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...Sweet and Sour Dishes...

Stir fried with onions, cucumber, green peppers,
Tomatoes with sweet and sour sauce

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| 37. Preaw Wan Kai with chicken | £ 6.95 |
| 38. Preaw Wan Moo with pork | £ 6.95 |
| 39. Preaw Wan Kung with prawns | £ 7.95 |
| 40. Preaw Wan Pla with tilapia fish | £ 7.95 |

...Seafood Dishes...

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| 41. Kung Kra Tiam
Stir fried prawns with garlic and pepper | £ 7.95 |
| 42. Kung Makam
Stir fried prawns with pepper, onion and tamarind sauce | £ 7.95 |
| 43. Kung Krapraw 🌶️🌶️
Stir fried prawns with chilli and basil leaves | £ 7.95 |
| 44. Kung Pad Tua Lantao
Stir fried prawns with mangetout, oyster sauce, garlic and pepper | £ 7.95 |
| 45. Kung Pad Broccoli
Stir fried prawns with broccoli, oyster sauce, garlic and pepper | £ 7.95 |

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46. Pla Rad Prík 🌶️ £ 7.95
Deep fried crispy fillet of Tilapia topped with chilli sauce
47. Pla Chu Chí 🌶️🌶️ £ 7.95
Deep fried fillet of Tilapia topped with red curry sauce and chilli
48. Pla Muek Kra Tiam £ 7.95
Stir fried squid with garlic and pepper
49. Pla Meuk Krapraw 🌶️🌶️ £ 7.95
Stir fried squid with chilli and basil leaves

..Chicken Dishes..

50. Kai Kratiam £ 6.95
Stir fried chicken with garlic and pepper
51. Kai Krapraw 🌶️🌶️ £ 6.95
Stir fried chicken with chilli and basil leaves
52. Kai Pad Med Ma Muang 🌶️🌶️ £ 6.95
Stir fried chicken with cashew nut and chilli
53. Kai Num Mun Hoi £ 6.95
Stir fried chicken with oyster sauce, onion and mushrooms
54. Kai Pad Khing £ 6.95
Stir fried chicken with fresh ginger, pepper, onion and mushrooms

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..Beef Dishes..

55. Neur Kratiam £ 6.95
Stir fried beef with garlic and pepper
56. Neur Kee Mow 🌶️ £ 6.95
Stir fried beef with garlic, chilli, lime leaves and fine bean
57. Neur Krapraw 🌶️ £ 6.95
Stir fried beef with chilli and basil leaves
58. Neur Num Mun Hoi £ 6.95
Stir fried beef with oyster sauce, onion and mushrooms

...Pork Dishes...

59. Moo Kratiam £ 6.95
Stir fried pork with garlic and pepper
60. Moo Krapraw 🌶️ £ 6.95
Stir fried pork with chilli and basil leaf
61. Moo Makam £ 6.95
Stir fried pork with pepper, onion and tamarind sauce
62. Moo Pad Khing £ 6.95
Stir fried pork with fresh ginger, pepper, onion and mushrooms

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...Rice and Noodle Dishes...

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| 63. Kao Pad Siam | | £ 7.95 |
| Fried rice with prawns, chicken, egg and vegetables | | |
| 64. Kao Pad Poo | | £ 7.95 |
| Fried rice with crab meat, egg and vegetables | | |
| 65. Kao Pad | Chicken / Pork / Beef | £ 6.95 |
| Thai fried rice with egg and vegetables
in dark soya sauce, | Prawns | £ 7.95 |
| 66. Pad Thai N | Chicken / Pork / Beef | £ 6.95 |
| Rice noodles stir fried with egg, bean sprout,
grounded peanut and spring onion | Prawns | £ 7.95 |
| 67. Pad Si Ew | Chicken / Pork / Beef | £ 6.95 |
| Flat noodles stir fried with egg and
vegetables in dark soya sauce | Prawns | £ 7.95 |
| 68. Quay Tiew Kee Mow 🌶️🌶️ | Chicken / Pork / Beef | £ 6.95 |
| Flat noodles stir fried spicy with egg,
basil leaves and vegetables | Prawns | £ 7.95 |

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...Vegetarian ...


Starters


69. Popia Jay £ 5.95
Spring rolls Thai style with carrot, cabbage and transparent noodles served with sweet chilli sauce
70. Tempura Jay £ 5.95
Deep fried mixed vegetables in batter served with sweet chilli sauce
71. Tofu Tord *N* £ 6.50
Bean curd deep fried till crispy with peanuts, chilli and cucumber served with sweet chilli sauce

Soups

72. Tom Chued Jay £ 5.50
A clear tofu soup with transparent noodles, spring onions and mushroom
73. Tom Yum Hed  £ 5.50
A hot soup with mushroom, lemon grass, lemon juice and chilli
74. Tom Kha Hed  £ 5.50
A creamy spicy soup with mushroom, coconut milk, galingale root, herb, lemon grass, lemon juice and chilli

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 Very Spicy

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Main Dishes

(Served With Rice)

75. Kang Dang Jay 🌶️🌶️ £ 6.95
Red curry with mixed vegetables
76. Kang Keaw Jay 🌶️🌶️ £ 6.95
Green curry with mixed vegetables
77. Preaw Wan Jay £ 6.95
Stir fried mixed vegetables with Sweet and sour sauce
78. Pad Woon Sen £ 6.95
Stir fried transparent noodles with egg and vegetables
79. Normaí Pad Kai £ 6.95
Stir fried bamboo shoot with egg and vegetables
80. Panang Tofu 🌶️🌶️ £ 6.95
Stir fried tofu with curry sauce with less coconut milk and therefore slightly drier
81. Pad Khing Tofu £ 6.95
Stir fried tofu with fresh ginger, pepper, onion and mushrooms
82. Pad Thai Jay N £ 6.95
Rice noodles stir fried with egg, grounded peanut and vegetables
83. Pad Pak £ 6.95
Stir fried mixed vegetables with garlic and soya sauce

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